

A guide for
home use,
channeled
to Kelly
Hampton
in 2011



ASCENDED Spaces

The Ascension-Energy System from Archangel Michael,
The Prince of Light, for Detoxifying Your Living Space
And Adding to the Abundance in Your Life

The Ascended Spaces System

Ascended Spaces uses sound, harmonics, gems, oils, imagery and energy techniques to raise the well-being of a home or other dwelling. This new system came to Kelly in 2011 from Archangel Michael as an extension to Star Healing Intergalactic Energy™, which is powerful Ascension healing for the body. Rid your home of attachments and other negativity; enhance prosperity, joy, peace and happiness.

Why would you attune your space?

Any time you want to clear negative or unwanted patterns of behavior, such as the energy from arguments, illness or death, it's a great time to clear and reset the energy of a space. Moving into a new home, trying to sell a property, the addition of new family members, the desire to increase prosperity are other typical reasons, though many more exist.

Archangel Michael:

Some will argue and say: 'Angel, how can you make one system that will provide for all of these things? How?' If it is true that in the system that originated in the Far East, in which practitioners would go room by room and adjust room by room, then I say to you that this is no different than attuning an entire body, or everyone's body, whether you live in China, Africa, Pakistan, Guatemala or Northern Mexico. Space energy is very much like the human body energy. In fact, it can be tailored and tapered exactly the same way.

In other words, you do not need to be a Star Healing Intergalactic Energy™ Certified Practitioner to study and know this Ascension attunement and clearing, though it is wise to know that when the two systems are combined, you will have the greatest success.

Souls who inhabit their space must understand that they, too, are an extension of it. This teaching is available to everyone, and there will be some separateness – souls who will only be interested in this system.

In that context, if someone attunes the space, this is what it is, space attuning. You may say space clearing, as well, but it is space attunement. Yes, objects have well-being – just as the human body does.

Objects, dwellings, can also have disease and dysfunction.

High-level space attunements or clearings can be also viewed as healings. In some cases, it may take more than one attunement to affect change just

as with the human form in Star Healing Intergalactic Energy™ of which Kelly Hampton is the founder. If you provide yourself with this blueprint or map of instructions you will discover many other enlightening things about space, the universe, ascension, wholeness, wellness, imperfection and abundance.



What spaces are you treating?

I am NOT conjuring up a 40-room mansion in my mind. We might consider stating that this new system is appropriate for a dwelling of up to five bedrooms.

That is not to say that larger spaces cannot be attuned to Ascension energy; they can and will be! It simply means that at this level, considered level 1, this will be the norm. It is important that homeowners or those occupying spaces have faith and trust in this new system.

How do you impart trust in something new? By demonstrating something old. You may be questioning me now after reading or hearing this, but it is truth.

What is old, to build trust and confidence in this new system of healing? Everything is old – sacred geometry, harmonics, vibration, mental imagery, sound frequency – these concepts have been around since before mankind inhabited the earth. So this is not really a “new” system at all, simply a new presentation of many old, rather ancient, and wise teachings.”

General concepts: Attuning a home.

In almost every situation, begin at the top floor and work downwards. However, if you become aware of some immediate and strong unwanted energy (of the interference type), first open doors and windows (open windows one to two inches) then begin with the sweeping technique. Sweeping is an energetic technique similar to swimming, where the soul walks while making sweeping motions with each arm as if swimming in water. I am naming it sweeping – energetic sweeping.

The Windows

“What I wish to state is that the windows themselves can be raised, especially in a small apartment, one room home type of setting. If you can imagine that the energy when it’s negative in a small space is like a throbbing headache you attempt to release the headache from your head. How do you do it? Initially, you release some of the pressure. Negativity is actually measurable pressure. Ask any physicist and he or she will tell you what it measures and that there are different measurements for negativity.”

A Crystal Wand

In your world, there are situations where it may not be practical to enter your dwelling with a crystal wand in your hand.

In the villages of Botswana or in the huts of China, Japan, and Indonesia, it is practical thinking. Therefore, it would be wise to put some parameters onto system that we are working with. It is not based on any Eastern world tradition, nor any Northern, Western, or Southern world tradition, for that matter. In that context, this means that the teaching, the extension, is universal in a sense but not necessarily practical and accepted in all the worlds. Within the context of your North American continent, the continents that touch above and below and the sister cities across the water, generally speaking, this will be a doable technique.

Wanding is as ancient as mankind, as early as cave painting. Wanding would be done with a blue- or green-veined crystal you can hold in the hand. Some may say, ‘I have a wand, with crystal on it, and it is on a wooden stick’.

This is fine, but we don't necessarily want to bring wood energy into what we are doing. Remember, you are living in the crystalline age. This is the age of crystals! My preference would be that the strongest results would be with an object similar to this – if not this.

Once you have found one, make it your own. It may sound like a very unangelic thing to say, but I am going to ask you not to share your wand. It is attuned to your vibration with the intention of the sale of your space or other intention. (*Home is a universal word we will use for apartments,

townhouses, any living unit on Mother Earth, including a traditional house.)

What I am going to be teaching you here now is universal. Size does not matter. When you enter a home, you are not instructed in this system to go from room to room. In other words, an old system might place a flute here, bag pipes here. We are going to use universality as our guide. You may be asking, ‘How do we use our wand, angel?’ The answer is, ‘Very much as many traditions have always used wands.’



- ♥ Point it at a particular object that you know to carry disharmony.
- ♥ Invite everyone who occupies the space to share any recollections of an object, when and where it was purchased, how it was created, and so forth. If they can identify an object that they know carries some sadness or some other lower vibration ask them to share this information. Once identified, you may choose to turn the object (s) backwards if possible. If you are unwilling or unable to do that, you would affect its change by using the wand. Take the wand in your hand and cast it at the object, much like you would use my sword.

Let us say that you have an object you’ve obtained (even a brand new object,) and when you obtained it you were in a negative emotional state or not joy-filled. In some instances, you will go from room to room, object to object, using your crystal wand. In most instances, you will not.

If you, the occupant(s), feel(s) burdened by the process of identifying in-

dividual objects that may carry negativity, a soul can project and cast the wand (give its dispersion) to the whole space. Where do I teach to point the wand in this case?

There is a center heartbeat in every room. There is not going to be a map. Go to the best of your estimation and find the middle of the major rooms.

♥ Do not include hallways

♥ Do not include stairways

♥ Do not include attics

♥ Do not include closets

To the best of your visual ability, project the wand into the middle of the room, the navel of the room. In fact, we are linking it that way on purpose. There is a sacred center heartbeat of each room. Project your wand and go up and down; up to the middle, left and over, like a cross. The heartbeat floats up instead of down. One time is enough.'

♥ To cast objects of negativity

♥ AND to project a cross in the center heartbeat of every major rooms.

Rid your home space of any clutter – including any object that carries negativity when they look at it, touch it, smell it, use any of your sixth senses-intuition to value it.

♥ If you cannot seem to part with something immediately, or let's say there is division within the family – 'I like this, but she said to get rid of it'– know that taking some action is better than taking no action. This is a lifelong spiritual skill – awareness – so that the sofa that the husband loves and the wife hates does not become a battle zone.

♥ 'Reasonably, agree on an object'.

Unpaid bills, open papers.

♥ If a negative object is in a box, for example, it has a harder time sucking to the energy field of someone than it does when it is out in the open. That's one principle of clutter.

They can be turned over or they can be facing backward. Someone loves the frame and they don't have time to do anything else, they can turn the image backward. You may say to yourselves well, that's crazy! Those are loved ones! Yes, but if the loved ones had a suicidal debt or if the loved one's image projects thoughts of grief, sadness, anger, guilt and other low vibrations, they should be turned over or removed.

To be totally complete with this training, as part of your space detoxing – that's what we are doing with this Ascension-based system, you are detoxing your home space – when you find an object such as this, For example, let's say that the object is a basket and the basket at one time carried

stolen objects when it was in another person's possession and unknown to the homeowner/occupant the object is ugly looking, it doesn't feel right, or something about it doesn't bring immediate joy and satisfaction. You are instructed to say: 'Thank you for providing a vehicle so I could take my apples from the garden into my home. It's time to release you now...' something along these lines that comes from your heart. In other words, clutter clearing is not just a mass dumping into the trash can. They may also say thank you to the picture. This is NOT a mass dumping.

The tools used to attune a space, and what to do with them:

"Just as a doctor would make a house call, it is wise and advisable that in using this space attunement system you will have tools.

♥ A source of crystal-bowl music. For example, <http://amazon.com/Crystal-Bowl-Healing-Steven-Halpern/dp/B0000AM6IO>

You could also search iTunes for digital music files, if you no longer use CDs.

This kind of music expresses a very high-frequency vibration that helps elevate the space.

♥ A hymnal or other holy book for clearings along with a Cross, for Christ Consciousness, Divine Oneness not as a symbol of religion.

♥ High-pitched tuning forks, a set of two – one D and one A.

♥ Tibetan tingshas (www.tuningforkshop.com, www.toolsforwellness.com, www.luminanti.com)



Because space vibrates at lower frequencies than an organic human, we call the highest-octave tuning forks into action – higher than the tones we use in Star Healing. Use D and A. Use tingshas, if you prefer, in the same manner as the tuning forks, tapping together over the crystals and walking throughout the space.

Going room to room and top to bottom, strike either the tuning forks together or the tingshas over the crystals.

♥ Clear quartz crystals, though rose quartz may substitute if necessary

♥ At least 12 (www.pelhamgrayson.com or other source)

- ♥ Crystal wand with tourmaline, which ranges from blue/blue green
 - ♥ Blue-veined – clear quartz with aquamarine, sapphire or blue tourmaline
 - ♥ Green-veined – clear quartz with green tourmaline (if finding a crystal wand with either one of these stones in them proves challenging, you may have a separate aquamarine, or green or blue tourmaline, in one hand as a separate stone and infuse their energies together by cupping your hands over them.)

- ♥ <http://www.etsy.com>
<http://www.satyacenter.com/store/crystal>

- ♥ Mists for Attunements – mist containing the following essential oils –
 - ♥ Lemon
 - ♥ Lavender
 - ♥ Peppermint
 - ♥ Frankincense
 - ♥ About 20 drops (five drops each) in approximately two oz. water

- ♥ Mists when dealing with interferences – Spray each of the following SEPARATELY –
 - ♥ Black kohosh root herbal extract
 - ♥ Gardenia
 - ♥ Geranium
 - ♥ Frankincense
 - ♥ Myrrh (rub this one on your hand)

- ♥ Candies
 - ♥ Lemon
 - ♥ Peppermint
 - ♥ Liquorice whips or your favorite

- ♥ A silver flute (optional)

- ♥ Candles for the four harmonic arrangements, which are-
 - ♥ Harmony harmonic: White – gold – yellow – purple in a line
 - ♥ Joy harmonic: Green (lime to grass) – green – yellow in a line
 - ♥ Prosperity harmonic: Green – sky blue – white in a line
 - ♥ Love harmonic: 8 light pink in a circle, with a red stone such as carnelian or ruby in the middle

- ♥ <http://www.candles4less.com/candleholders/Taper-Candle-Holders/Round-Taper-Holders-1-Dozen>

- ♥ <http://www.candle4less.com>
<http://www.generalwax.com>

- ♥ four harmonics = 18 candles****

- ♥ 8 light pink



- ♥ Three green (lime green to grass green)
- ♥ Two yellow
- ♥ Two white
- ♥ One sky blue
- ♥ One purple
- ♥ One gold
- ♥ For the sale of a home, create two prosperity harmonic clusters.
- ♥ 18 candle-holders that do not energetically overpower the candles
 - ♥ Square wooden blocks to hold the candles, or simple crystal disks or blocks of any type will do
- ♥ One red crystal:
 - ♥ Ruby
 - ♥ Red sapphire or other red stone
- ♥ Wind chime (optional)
- ♥ Six lemons

- ♥ Small quartz crystals are to be placed out of the way in every room (window sill and edges of the room), with no particular pattern
- ♥ It is advisable to use a flat bottomed crystal in the four corners
- ♥ Otherwise, go with what you have, meaning:

If you have only two crystals, place one crystal in one corner of the room and place the other one in the opposite corner of the room. If you have four crystals, place them in all four corners. This is called gridding, or 'laying energetic grids.' Grid bathrooms as well as the larger rooms. You can also project crystals, if necessary, until you obtain actual crystals.
- ♥ For smaller rooms, you may project crystals/crystal energy/Ascension energy. For the main rooms, use the live organic ones.
- ♥ You do not need to go into closets unless someone tells you there's an attachment in it. Why? Because there will be osmosis of the crystalline energy from nearby rooms you've attended to.
- ♥ This is not to say that every little nook and cranny that might have a bay window or other unusual built in shape needs live crystals. They may not.
- ♥ The crystals should be attuned with sound vibration by tap, tap, tapping with tuning forks or tingshas over each crystal in each major room, while walking to the next one. The secondary/ subordinate spaces you can energetically project.
- ♥ Reasonably speaking, you should have about 16 crystals. That would give you four large spaces to grid.
- ♥ Let's say you don't have crystals for all of the major rooms. What do you do? It would be my preference that you spread out where you have them, again starting at the top, and if you have to project anywhere to a major room, you project to a lower level. Use the wand here.

Over time the candles should be attended to by dusting them and replacing them as they burn down or burn unevenly.

The house: a vibrational, living, energy that grows

Why do you dust the table? You dust the table to get the negativity off of it. You don't dust the table because the neighbors are coming over for a party.

The same can be said for the harmonics which I am instructing you to tend to from time to time. That is totally and fully why you can have two identical houses on the same street, and one home sells before the other. It has all to do with the energy inside the home – along with the energies of those inside it.

As you walk by, dust off; spend time in your space brushing by all the highly vibrational good feeling objects either of our creation or yours, you are facilitating health, well being, and prosperity in all its forms. Why do you suppose parents often told their children to go stand in the corner? Because energy gets stuck there. Many parents did not know that. I think very few from my counsel have known it, but this punishment tactic actually has a long tradition of related energy. Energy gets stuck in a corner. Why not ask those you counsel with this system to stand in the MIDDLE OF A MAJOR ROOM? If you did, you would actually elevate them.

Harmonics/Harmonic Clusters

- ♥ Harmony harmonic: White – gold – yellow – purple candles in a line
- ♥ Joy harmonic: Green (lime to grass) – green – yellow candles in a line
- ♥ Prosperity harmonic: Green – sky blue – white candles in a line
- ♥ Love harmonic: 8 light pink candles in a circle with a red stone such as carnelian or ruby in the middle
 - ♥ As long as the units are the same. As long as they are uniform within in each cluster.
 - ♥ No pillar candles. Those will come later.
 - ♥ These are called harmonics. They are not called arrangements. They are not floral arrangements. They are harmonics.
- ♥ So you are setting the vibration.
- ♥ When you usher that word harmonics, you already raised the vibration.

Place the harmonics on a small table or stand rather than directly on the floor whenever possible. Because the human mind thinks more is better, some people may think, 'I want one here, and here, and here. Is there anything wrong with that? Yes. It is a little bit like giving Star Healing Intergalactic Energy™ for four hours rather than one.

Home space is denser than the human body. Therefore, the effects don't happen as quickly as with the human body. Your knowledge is to know that these harmonics tend to be beautiful and appealing and perhaps more is better like four or five in every room, but that is simply not helpful. Wouldn't that be wonderful if the whole world comes to understand that much of their healing can be right in front of their eyes? When I stated that this teaching is infinite, that is the absolute truth.'

Limit the harmonics/harmonic clusters to one of each unless the sale of a home is requested or desired. In that case two prosperity harmonic clusters are created and placed.

One joy harmonic placed in the room where there is the least amount of joy is the teaching along with the other things we do.

They don't have to be all held in one device; separate candle-holders will do. The holders for the harmonics should not overpower visually or vibrationally the candles themselves.

All of these harmonics are discovered. Use your intuition as to where to place them Use the fall back plan –

- ♥ The harmonic can be placed in the master bedroom
- ♥ The harmonic can be placed in the kitchen
- ♥ The harmonic may be placed near the front door or the work/ business center of the home (office space or space where the bills are paid)The harmonic may be placed in the living room/great room area or recreational spaces

At times they are lit. The homeowner is responsible for lighting the candles whenever the mood strikes them. If a candle burns down faster than the others then it/they are simple replaced, trying to keep them uniform in size.

The lighting by the homeowner/occupant is ceremonial. If the homeowner or occupant is moved to light the candles, please light all of the candles within each of the clusters. You may wish to light only one or two of the clusters. Every time you relight one of the harmonics you are relighting the light that is within you and by doing so, you are honoring yourself.

The instructions are:

If you're drawn to do this, light all the candles in a harmonic.

When you do light the candles, the following is the thought to have in mind (s): 'I'm lighting these candles to honor the light within us.' (The us is the collective energy of those in the homes).

If for some reason because all candles are not uniform or one of them shrinks down more than the others so that the height difference is quite a bit replace the candle so that unity is again achieved; which brings me to the notation that if the candles are not drip less, the lighting is optional. In the future, if it moves you to find candles that are of the drip less variety then by all means do so. We will not however, be using candles that are electronic in any way. We are using the kind that emits a light when there is no electricity.

Are harmonics left in place once the space is cleared/attuned?

- ♥ Leave them in place a minimum of two weeks. Hopefully, the resonance in the home is high enough so that without the harmonics the vibration(s) will still stay in place, like a shadow. It leaves an energetic imprint. However, all things are organic, all things are constantly changing. You may find that when the harmonics are gone that things in your life slowly decline a bit – in which case, put them back into the space.

- ♥ All of these colors in this combination displayed as such in the context of the space clearing = the band of harmony
- ♥ What if you can't find a gold candle?
- ♥ Improvise. E.g.,
 - ♥ It may be wrapped in gold paper, or gold tape.
 - ♥ It can be showered with gold. You can put gold glitter on a candle.
 - ♥ Paint it gold.
- ♥ The power is in the arrangement placement of candles.
 - ♥ The lighting has no bearing for power energetically; lighting is for personal ceremony.
- ♥ Any spots/places that do not feel right to you or you know there was fighting, unhappiness.
 - ♥ It is unnecessary to place this harmonic convergence in the exact space of the trauma or the least feel-good spot. Preferably, it is nearby
 - ♥ Every time there is a disagreement in a space, you do not need to move the harmony harmonic or the joy harmonic or any of them. Pick one primary spot, and that spot would be of your awareness, with the people there, or of your own awareness.
- ♥ In that order, replicate the frequency of joy. Use both the Harmony harmonic and the Joy harmonic.

Even those couples, for example, who have the most loving life together, when you use the Love harmonic, the vibration also extends to the other family members residing in the unit. If you just place one of any of those, you will see fewer demonstrated benefits.

Now. This is where it takes some intuitiveness on the part of the occupants. In other words, this system needs to be sensitive enough so it is not just a cookie cutter type of thing – 'Now you lay this here, lay this here, put some crystals here...'I am not belittling the knowledge that I've shared. I am just saying each home has its own heartbeat.

- ♥ There is a fallback plan if the person is not willing to share. So what does that mean? It means you consult with everyone who inhabits the space and ask: Where is everyone's joy-filled room in the home? And where is everyone feeling most stressed?

If there is fighting, verbal or otherwise, or

- ♥ A struggle to get things done
- ♥ Homework that is not being done on time
- ♥ Things are being overlooked

- ♥ Any of those rough-edged energies would benefit from the Harmony harmonic
- ♥ Therefore, I cannot tell you routinely. There are some places that make common sense, like a work area, or where bills are paid. In fact, what I need to be clear about is that, with the placing of the four harmonics, you place them all in the space(s) where there is a of what that particular harmonic provides:
 - ♥ Abundance
 - ♥ Love
 - ♥ Joy
 - ♥ Harmony
 - ♥ Place them all where there is little or none of the energy the particular harmonic is balancing.

There are some common areas where abundance/prosperity is needed – I am talking about financial abundance. It could be where the bills are paid, offices. If there is more than one office in the dwelling, what I'd like you to do is to understand not to overburden your camel and use one set.

There are other ways you can adjust, without putting 2, 3, 4, harmonics in place for each restorative energy. We are not going to do that. The only special instance so far we touched on is two of the prosperity harmonic – and that is particularly as it relates to the sale of a home or property. Some of this understanding even without asking. You may get a sense when you walk into a room if it feels appropriate. There is no miscalculation.

Let's say you have two adjoining rooms, and you have the joy harmonic, and you need to make a decision about where to place it – knowing that it's not just the room that is benefiting; it will be the entire space.

Place the joy harmonic in one of the adjoining rooms, and both rooms will benefit.

- ♥ In fact, every time someone walks by one these harmonics that energy attaches to them and so they are swirling around sort of like when you mix a cocktail with a straw in a drink.
- ♥ The prosperity harmonic is created and understood as follows. In order: You may use thin and tall tapered candles. They are lined up the same as

the others, for now. Later, when we get into more complexities, we will change their arrangement.

- ♥ No white or red candles
- ♥ One red stone in the middle – any red stone, especially carnelian or ruby
- ♥ Love
- ♥ Universal love
- ♥ Love for oneself, love for one's brothers, love for mother father, romantic love, all the petals of love
- ♥ The love harmonic arrangement is comprised of all pink, thin (ish) candles arranged in a circle with a red stone carnelian or ruby in the middle (when possible).
- ♥ The number of candles used in it can be eight, it can be six, it can be three.
 - ♥ Start with eight. Move to the other numbers if there is little or no improvement.
 - ♥ Practically speaking, 90% of the time the arrangement will work in a set of eight.
- ♥ A silver flute, not a wooden one
- ♥ Everyone has the breath of life within them. I am not asking everyone to play a tune.
- ♥ It is considered optional, if you wish, but certainly used if you have readiness. The flute is considered the Moldavite of space attunement. We are attuning the space, but it is assumed that we are also clearing the space. We are also attuning the space to vibration. Those are really different concepts. The attunements are the harmonics we are putting in place, and the sound is what we are using to do it.
- ♥ Blow into the flute whenever there is stubborn energy, stubborn inhabitants, and stubborn conditions. Inhabitants that might not be embracing, not fully identified the objects of negativity in their home because it is asking of their time and energy.
- ♥ To be clearer about the flute, the flute has a sound frequency. You can use it at any time, really, but especially when you notice stubbornness.



Candy

Candy is going to enliven the home. The home has an organic energy of its own, whether it is dysfunctional or not. Presumably, there is some level of dysfunction.

- ♥ Candy is representative of this in a healing. What does candy mean to you, initially?
- ♥ Candy is representative of attuning the space to an inner innocence. This goes back to birth and rebirth, oneness, innocence, childhood.
- ♥ What type of candy?
 - ♥ Wrapped candies
 - ♥ Lemon drops
 - ♥ Red licorice whips
 - ♥ Peppermint candy
 - ♥ Or your favorites from childhood

They should all be wrapped. We do not want to create an issue with bugs. We only want to attune and resonate the space.

- ♥ In a notable area
- ♥ It could be the kitchen, the dining area...

We want this. We want everyone to partake in this, even the grownups. It's your choice, but if you wish to find some candies that are sugar free to

please everyone do so. Some occupants may make their own rule. They may stay in place untouched.

This is how to simplify your life. As you replenish the bowl with candies that bring back happy memories, you are raising your vibration (unless the memory associated with eating that candy reminded you of being scolded by a parent, for example.) As the bowl gets depleted fill it back up. For many, just seeing the candies is enough to offer benefit. AAM says I yet have a soul to come to me and say 'I am having nightmares over candies'. ☺

We are going to use some of the same anointing oils used in Star Healing of the body in a spray form –

- ♥ Frankincense
- ♥ Myrrh
- ♥ Lavender
- ♥ Lemon
- ♥ Peppermint
- ♥ They are combined into one spray.

We don't want random sprays. We want unity. It changes the frequency when you put them all together.

- ♥ Six pumps in at least three major rooms in every corner of the room, just like we do with the crystals

In the four corners

Yes, because the particles themselves will float down.

- ♥ It's the same number for all at this level. The number is six.
- ♥ It is the same number that resonates with the harmonics I've been describing at this level. You might say it reinforces or stabilizes. It's the same energy frequency with the harmonics that we described. If the occupants state that they do not want harmonics in their home, it would still be wise to do six sprays.
- ♥ Treat this very much like the expansion of the knowledge of the crystals – In at least three of the major rooms.
- ♥ Omit the hallways, closets and back alleys.
- ♥ Start at the top when possible. The spray can be done more practically

throughout the entire home and the major rooms, whereas the crystals we spoke about practicality, affordability.

♥ If the focus is on the sale of a home, displaying images of money, bundles and bundles of money, a stack of bills, would be appropriate. These would be displayed near the business center, or where the bills are paid.

♥ Similar instruction continues for matters of the heart. Some souls will find that their love center is in the kitchen. 'Where do you feel most comfortable, most loving, most safe in your home?' You may have more than one space. It would be wonderful if every space offered safety and comfort, but practically speaking, it is just not so. Whatever space or spaces need more love, print, draw or otherwise create and display visual images of objects that symbolize love to you.

♥ There are benefits in having the same image.

♥ The same image can be changed or substituted over time.

♥ We are not talking wish-wall creation. You may consider this on a side note, but that is not part of the space-at-tunement system.

♥ In that context, I am not teaching, 'If you have four or five images of a heart in your bedroom, all will be well'.

General wisdom:

The six lemons

All need to be sensitive to the modality. There needs to be readiness so this is not mocked in any way. 'For practicality where your world is for now, acceptance for now, six lemons in a white kitchen bowl is suitable for the enhancement of the joy vibration. Why six?

A space healing attunement may be needed again after a period of two weeks (reattunement), at which time I would suggest making some minor adjustments. Sometimes space attunement energy benefits will come into vision in a month. During this period, it is important to keep an upbeat attitude. Remember, energy is constantly moving...that would include everyone who inhabits the space. My hope and desire is that the adjustments made today will last throughout the duration of your time in your space. Whenever you choose to leave your space permanently please bless it with the following:

Thank you, blessed and kind space, for protecting us from the wind, the rain, the storms of life. We honor you. You are perfect in every way.



Making the attunement more specific

- ♥ The sale of the home doesn't have a whole lot that is different in terms of procedures, because the sale of the home is just one wish of many. It is just one prosperity form, as all others are. We don't just want to focus on that.
- ♥ The adjustment will attune the home to Ascension – high vibrational oneness energies, so all forms of prosperity may enter.
- ♥ I am fully aware of the custom in some regions of the practice of saintly statues being buried upside down in the yards of many, and I am not going to dishonor that. But truth be known, that works best – it might work quicker – if the other things that I've taught you occur.
- ♥ Let us talk about the geranium oil just a second. Often it is taken from the Chinese tradition. They will tell you that placing geranium pots on the front porch, for example, are one way to encourage the flow of chi. I am not going to dishonor that, either. We've mentioned geranium earlier. Red is powerful color of power. But again, we are not going to say, 'Well for the sale of your home, I want you to put two geraniums here.' It is for the total beingness. It is really not separate. It is all unity and one vibration.
- ♥ When you start calling things out, it will be no different from, 'Where do we affect the house for a new job?' Which we can do, by the way. But you don't really want to approach it that way. It would be like taking a piece of pizza and cutting it in zigzag pieces to eat it. You can still eat it, but you really want to cut it in a more uniform way. It's not that it can't be done. So we are making a global umbrella of all of those things.

They can affirm: 'I see new opportunities coming my way every day. Thank you'. That's the specialness of any particular condition, noting that the space is going to be operating in a high vibration.

Essential oils and sprays

If you are going to make the misters, use 20-25 drops of essential oils into two ounces of water for the separate sprays for ridding attachments. To mix for attuning, combine five drops of each oil – Lemon, Lavender, Peppermint, Frankincense into two ounces of water or other binder.

Essential oils are fairly powerful. Use caution when spraying close to fabric. Do not aim directly at the carpet or a wood floor, but spray above it and let the particles float down.

- ♥ It is also important to note that because it is dark, Myrrh tends to stain fabric. Use extreme caution, and add only one drop to the mix. Also, Myrrh is very thick. You can dilute it in vodka before mixing it in the spray.
- ♥ Avoid spraying on very fine textiles.



About basements and attics

Basement

- ♥ The sweeping part is not necessary in the basement. What you don't want to state to the universe is 'This is an uphill battle'. That is what you would be stating if you did so. That's why the energetic work is begun at the top and continues downward.
- ♥ However, if the basement has a walk-out or a root cellar, then you can, because there is a slight incline. But if you have flight of steps, like most of the traditional dwellings where you are going down into the basement, don't push the energy in an upwards direction.
- ♥ We are working top to bottom. If there are windows in the basement, open at least one. Usually the southern window has the greatest healing capacity followed by the western wall.
 - ♥ If there are windows in the basement/cellar area, open one or both of those windows in either ones of those walls. If there are no windows on one of those walls, then go to the third or the fourth. If there aren't any windows whatsoever, follow the guidance – there are no harmonics that go in the basement. Why is this? Because Mother Earth has her arms wrapped around the basement and the energy you may stop – consider that you stop on the first floor – is going to seep through to the basement below.
- ♥ In terms of clutter or negativity, you may follow the suggestions previously stated for the main portions of the dwelling. In general, be aware that organizing and orderliness is the ideal goal. We will not place any harmonic in the basement. It is not necessary. The basement doesn't have to be spotless. It doesn't even have to be close to spotless but it has to be manageable, walkable.
 - ♥ Remember please, if something is broken or badly worn, it needs to be removed, blessed and removed.
 - ♥ Let's say a woman has held on to her wedding dress, but the marriage has long ended. I'm not saying that every marriage and every wedding dress that's ended has a negative memory. I'm not. If she still feels very loving and that was a very special day, than that memento is kept.

Attic

If there is an attic space, crawl space, often interferences like to hang up there. They are cowards.

If I explain that we are starting at the top, what do I have to share with you about attics and crawl spaces? Sometimes the roots of deception grow in all directions. By that I mean you could be working on highest floor, the highest level of a home, and doing your work downwards, and the roots

will still be up. The level will have been raised, and the harmonics will increasingly do their work over time.

In fact, the longer they are there, the more energy they'll be drawing. The longer they are there, the people in the home walk by them, the more they will be facilitating their wellness. So there is something to be said for leaving them in the home.

Interferences

Preliminary step

Same process except you may want to discuss the following:

If there may be unwanted spirits/energies attached to a person, not just in their space, I would suggest a Star Healing energy healing session in conjunction with the space attunement or close to the time of the space attunement. Perform the space attunement first and then the Star Healing or at the very least, do the command before proceeding with Star Healing.

Use a cross as a symbol of Christ consciousness and oneness, not as a religious symbol

Step one – Walking room to room with a symbol of Christ consciousness

- ♥ Walking from room to room with a symbol of Christ consciousness, like a cross
- ♥ As you walk, in a commanding voice you say: 'In the name of Jesus I command you to leave.'
- ♥ With a Hymnal in hand and a symbol of Christ consciousness on it in a commanding voice, state: 'In the name of Jesus I command you to leave, and I command all who reside here that are not in the white light to leave.'



- ♥ If the resident has identified where an attachment may be present, for example, a closet: leave the closet light on with the closet door

open and make sure that any windows near the sense of the attachment are cracked open.

The Cross as Protection

- ♥ Yes, if you are open
- ♥ Anywhere in the bed – under the pillow, at the headrest, under the mattress.
- ♥ You can use the cross as a protection in the bedroom when the person is in an altered state.

The Crystals

- ♥ Leave them in place
- ♥ Especially when dealing with walk-ins, the crystals need to stay in place.
- ♥ You are banishing the interferences, but they will want to come back.



- ♥ When the energetic rumblings come back, the family will need to move the crystals clockwise.
- ♥ Use your intuition to determine how far.
- ♥ The crystals are like amplifiers on a tuning station, and that's how you can amp them up.

The Scents

- ♥ I wish to teach this to you now, that in some instances there will be a need for more than one visit, more than one oil, more than one application, in a systematic fashion, of the anointing, or the spray, or the various ways of the oil.
- ♥ The oils we will be sharing with you at this time would be:
 - ♥ Frankincense
 - ♥ Myrrh
 - ♥ Gardenia

It is unnecessary unless you are drawn to it. There is very minimal added benefit in getting what you might call in your world the more expensive

version:

- ♥ Geranium – Is useful and helpful in prosperity
 - ♥ Black cohosh root – this is an herbal extract
 - ♥ Do not mix it with water
 - ♥ Use it this way in a spray bottle
 - ♥ For now, use it as a spray unaltered (for this one, the black cohosh).
 - ♥ Now, in this particular instance, however, we would intricately be using their power on their own, and how you use their power is very much and in many ways how I ask you to use the power of the crystals – spread out in the corners in each room.
- How do you leave a drop of oil in a room or a mist?
- ♥ Either-or, practically speaking. There are benefits in a spray as it dissipates. That's why they are widely used. Sometimes, however, in a deeper infestation, there will be times where you will be called, or drawn, to use the oil from the dropper in its purest form on the wood of the home, or the floorboard, or the concrete base of a home.
 - ♥ Typically, the first time around at this level, without an assessment of the situation, a spray is reasonable and expected. It creates generally a nice sort of homeopathic kind of atmosphere. Nothing in the spray form, nothing that I've given you, would make someone turn their noses up. In time, there will be other elements you will add besides water to make it a spray.

SPECIFICS: THE SALE OF A HOME

To increase the likelihood of the sale of a property the following is advised:

- ♥ Something along the lines of this: 'We continue to provide you with love and kindness dwelling (as if the dwelling were a person)'.

Additional objects to place in the home –

- ♥ Gardenias, fresh when possible
- ♥ Geraniums, fresh when possible
- ♥ Violets, fresh when possible
- ♥ If not fresh, then substitutions are allowed

Also, please be mindful of the following: the sale of a home may be positively affected with Ascension space healing, but there may also be chords connecting to the soul's chart.

Therefore, you may find yourself thinking, 'Well, then, what good is this?'

- ♥ To which I say, briefly, charts are diagrams, and diagrams can be altered. The placing and arranging of certain objects, scents and images enhances the likelihood of the desired outcome.

Second prosperity harmonic

- ♥ This can stand as truth. Preferably not on the floor. Preferably in a convenient area which may be a small entryway or a table or some such thing.
- ♥ If it needs to be on the floor, I'd rather not have it there at all. It can be in the nearest room to the front door, like some homes might have a small bath. Consider the small bath. It certainly does not go on a stairway.

A Few Steps In Depth

The sweep

Move your arms as if you were swimming.

- ♥ Never the back; always the front.
- ♥ That explains why the balance of powers is often distorted in people's home in your world because there is another entryway (AAM is referring to the garage).
- ♥ We really should talk about the garage at another time. Just be aware of it. When we sweep, it's the swimming motion. Imagine that we are getting the dust off but we are working in the mid heavens of the home. That's why you are walking – you're not kneeling – and this is the mid heavens of the home space. Just like the body has an energetic mid heaven, so does the home. Walk from room to room in this manner. You don't have to go into a corner and sort of pull it out.
- ♥ When counseling about what goes out and what goes in, it's the front door. If there is a back door, the back door can be opened but again. It's like a pressure release. If the home doesn't have windows, then open the back door for pressure release. If there are plenty of windows, and they can be accessed easily – they are low to the ground, they are easy to open and such things like that – then the back door doesn't always have to be open.
- ♥ All the sweeping leaves through the front door, and I don't mean the front window. I mean the front door.
- ♥ I'd like you to stand at least on the threshold of the door. Don't stand back from the door. At least be at the threshold of the door, so you can project it outward, and then let Mother Earth take it.

You will follow the same instruction.

It will be your choice if you want to follow down a flight of steps. In some case it might be four or five flights of steps; it's your choice to get that energy to dissipate out there.

Where do you stop the healing?

In other words, you could attune the whole apartment complex, and then, because the next complex next to it is so awful, or the one next to it is so not right, in which case we honor that work.

But you see what I'm teaching? If you choose to do more, fine, but it's not mandatory. You may find in practice you feel that you are drawn to do it. Then, do it.

You may say, 'Well, this doesn't sound very holy, Angel, if I'm here to help everyone.'



But it's not going to seep into those other spaces by you getting it out of your unit's portal. The intention and the work is done there. It's already dissipating. It's not as though you are cleaning your junk from your home, and you go pushing it into somebody else's locker: 'I'm clean; here, it's yours.' It's not like that, and especially in this particular model, in which there are four units in total. That energy will disperse outward, and we will

take care of much of that. We are watching everything that goes on.

Do not think, as you are sweeping your space, 'Where did I forget?' You're not going to feel like you can't push this down to the front of the house, because you're carrying this huge energy ball. You are not carrying anything! You're not. You are just cutting through and bringing some fresh air in.

- ♥ It is not a collection. The only exception to this is when you come to the front door, where it's more like a pushing. It's not a total collection. When you are sweeping, you walk comfortably in every room.
 - ♥ Clearly, you are not circling in the hall. As you go room to room, practicality will serve you. It's not 'go to the bedroom first, then the kids' bedrooms, then...'
 - ♥ The perimeters were given: top to bottom, sweeping, walking in a clockwise direction.
 - ♥ I am not asking you to go to the perimeter of each room, but make your circle big enough. Feel at home in the space, like the objects that occupy it. You're not going to make a tiny little circle in a big room. Walk the space, but do not get hung up and do every corner. It won't be possible anyway, and it's not necessary.
- Let's say that there is a particular window and some other objects out in a bigger room:
- ♥ You don't necessarily have to get in there and sweep that.
 - ♥ As long as it is contained in the larger room, and you are giving the larger room the sweep, that will be advantageous.

Using sound outside the house

- ♥ Walk around the perimeter in a clockwise direction.
- ♥ If this is impossible because of an obstruction, retrace your steps and go counterclockwise and continue the circle.
- ♥ Use high-sounding chimes, especially if the family owns them.
- ♥ One trip striking around the house is enough, in most instances.
- ♥ The chiming outside the home is not nearly as important as the work inside, because Father Sky takes care of much, unless there is a huge infestation, like ants. Then you don't need to fumigate outside

Let's focus exactly and specifically on the sale of a property by looking at it from the outside perimeter. It is really fairly simple.

Many cultures do different smudging, clearing, cleansing techniques.

We're going to use sound again to attune to the Ascension energy:

- ♥ We are going to strike the tuning forks three times.

- ♥ Think of the home, now, like the massage table, where you are going in a clockwise direction, walking around . . . clink . . . clink . . . clink . . . very much the same.
- ♥ Who is going to complain, if everyone's life in the building enriches and improves?



Followup: potential readjustments

Very much in line with Ascension Healing for the body, a home can be re-attuned. I don't call them exactly reattunements. I call them readjustments.

In those cases, the arrangement of the harmonics will change, and other embellishments may be needed.

I am speaking of a dwelling when people are living in the space. There are separate instructions when a dwelling is vacant.

- ♥ No readjustment occurs within two weeks.
- ♥ The only exception is if there is an attachment causing severe distress. In that particular instance, you would go back to the home sooner.
- ♥ We are NOT talking about demonic attachments. We are talking about interferences.
- ♥ You would reattune any time you feel as if your life depends upon this – but not sooner than three days.



♥ In this case, we would talk about what may cause a readjustment and ask them for information:

- ♥ What is your neighborhood like?
- ♥ What is across the street?
- ♥ Is there a firehouse, where there is trauma and drama – but also great goodness?
- ♥ Is it a neighbor?
- ♥ Electronic tower of some type?

If you don't see any improvement, a readjustment often involves looking at your surroundings. Those things can affect a person's space.

It's part of collective consciousness. Souls' energies do not operate in a vacuum. Neither does the home space.

Testimonials.

Clients Served by Certified
Ascended Spaces™ Practitioners:

My home is now calm and peaceful.

There was a constant negative feeling in my home. At night, I would always leave a couple of lights on, and I could never get a good night's sleep.

During the night I would hear noises, like people moving around, and sometimes I would hear voices. I felt afraid being in my own home.

The negative energy in our house made both my boyfriend [and

me] irritable, and we would argue a lot.

When Jennifer came to my house and did a space attunement, both my boyfriend and I felt lighter and happier. There was a drastic shift in energy, from bad to good. My boyfriend and I are much happier and no longer argue like we used to. At night I sleep like a baby and no longer feel afraid to shut all the lights off.

My home is now calm and peaceful.

One happy home here.

"One happy home here, meditated with all candles lit after you left. Went out for bit; when came back in ... noticed even, light, joyous feeling, even when I got out of my car outside." – Client in IL, USA

Made an offer to lease with the option to purchase.

"Thank you, Julie (a certified practitioner) for Ascending the space in the investment property that is for sale; energy tremendously became much lighter and attracted a different clientele that made an offer to lease with the option to purchase. My home is certainly lighter and more joy-filled."

My space feels ten times better than before.

"My space feels ten times better than before. I am not afraid of my own closet anymore. It is also so nice to see my son this happy and unafraid. Before, getting him to sleep was always difficult, but last night (after the attunement/clearing), he just rolled over and fell asleep. He also normally flips out in the dark, and today, for the first time, I saw him run right across the street in the darkness. I was amazed!! He is so much calmer. Thank you for your help!"

A final message from Kelly Hampton:

As with the introduction of Star Healing Intergalactic Energy™ in 2010, I am continually awed at the wisdom and grace with which Archangel Michael counsels me, so I can share his techniques with you.

If you have any questions about Archangel Michael's system, or if you would like to become a certified Ascended Spaces™ practitioner, call 1+636-346-7093 or email kelly@kelly-hampton.com.

You can also click here: <http://kelly-hampton.com/category/ascended-spaces>. My online certification course lets you get certified remotely, anywhere on the globe. So don't delay – join the list of certified global practitioners, and help raise the vibration of the world.



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